

2022

ANNUAL REPORT



Saving Lives – Changing Lives



YWCA
D U R H A M

| A TURNING POINT
FOR WOMEN

WE ARE YWCA DURHAM, A TURNING POINT FOR WOMEN AND THEIR FAMILIES SINCE 1945.

We provide essential services such as emergency, temporary and permanent housing, programs and supports for vulnerable women and their children throughout Durham Region.



VISION

An inclusive community where women, children, youth and families are safe, inspired and empowered to grow.

MISSION

YWCA Durham is a trusted community leader that provides high-quality programs, services and resources that respond to the needs of women, children, youth and families.

VALUES

YWCA Durham is a feminist organization that believes in, supports and advocates for:

Equity: We recognize that an investment in women, children, youth and families builds a stronger future for everyone.

Diversity: We honour and are committed to diversity and inclusion.

Self Determination: We respect and support the right for women and girls to make their own choices.

Accountability: We conduct ourselves with integrity to ensure a high level of accountability and transparency.

REPORT OF LEADERSHIP

As we reflect on the year behind us, we are struck by the steady progress we made in adjusting to new approaches and adapting to new challenges, all while continuing to offer our essential services.

Although 2022 represented a resurfacing from the pandemic and provided hope for life to return to normal for most, at YWCA Durham we continued to face many pandemic related challenges due to the fact that much of our operations involves congregate living settings. As a result, this continued to mean restrictions, precautions and donning of PPE for our staff and residents.

One of the highlights of the past year was when the Oshawa Chamber of Commerce awarded us Not for Profit of the Year at their annual Business Excellence Awards. Although an award like this is always an honour to win, it was particularly meaningful to know we were recognized to such a high degree in spite of the challenges we continued to face; it was definitely a welcomed boost to our spirits. This award recognizes a not for profit that demonstrates innovations and/or outstanding achievements in community service and leadership, and an organization that makes a positive contribution to society, raises social and community awareness and has a solid business foundation. While we certainly don't do what we do in order to win awards, we truly appreciate the acknowledgement of the hard work of our staff and volunteers throughout 2022. This honour is a testament to our leadership, teamwork, and ability to adapt. It also acknowledges the decades of work we've done to support women and children across the Region.

You may look at an annual report and simply see a bunch of numbers. However, there is more to it than that. Those numbers tell a story; they tell a story of the steadfastness of our agency and how we offer essential services needed in this community even in the most difficult of times. It's a story of strength as we persevere through funding challenges, limited ability to fundraise and exponentially rising costs. Most importantly, it's a story of the courage of the women and children who trust us when they are most vulnerable and allow us to help them towards a healthier, stronger, safer, and more independent life.



Wendy Leeder
Co-Executive &
Shelter Services Director



Susanne Groen
Co-Executive &
Finance Director



Brenda Wickett
President, Board
of Directors

BOARD OF DIRECTORS 2022

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VIOLENCE AGAINST WOMEN (VAW)

Throughout the years of providing services to women and children who have experienced violence, we continue to change with the needs of our clientele. Women and their children are requiring our services for longer periods of time. We continue to offer emergency shelter and services, transitional support and long-term, outreach, and crisis counselling.



Y's WISH had to refer
428 women
to other agencies due to
lack of capacity



Our 24-hour crisis line
responded to
1,062 calls
from women in need



122 women and **202**
children received
support during
the **holidays**



114
women received long-term
and outreach **counselling**

76
women received
transitional support

HOUSING

YWCA Durham offers three housing programs: Interim Housing, 2nd Stage Housing and Supportive Housing. Each program is geared towards the vulnerable women and children who live in Durham Region. Staff work meticulously with clients to ensure individual success which, in turn, results in program successes:

INTERIM HOUSING

- › A 6-bed housing and life skills program for homeless, single women. **11 women participated** in the program throughout 2022, and **9 women transitioned** back into the community.



SUPPORTIVE HOUSING

- › A 40-unit apartment building for women-led households, offering various programs and services to meet clients' needs. **42 women** and their **37 children** called this building home during the past year. We received **384** inquiries for housing.



2ND STAGE HOUSING

- › The only program of its kind in Durham Region – a transitional and life skills program for single at risk women working towards independence. In 2022, **20 women referred**, **11 women participated**, **5 women transitioned** back into the community.



THANK YOU FOR THE SUPPORT IN 2022

We were thrilled to be recipients of fundraising events spearheaded by many amazing community-minded people. Thanks to the Firefighters Recruit Class for hosting a very successful car wash, and to Jane Thuet and Peter Barogiannis from Inner Circle Realty for organizing a fabulous bottle drive! The holiday season saw many of you return to provide much-needed gifts and donations for our clients so that we could make their holidays a little brighter. As always, CHUM and OPG provide donations, and the DRPS Toy Drive came through with trucks full of gifts. We are grateful to the many private foundations that recognized our impact in the community and chose to give to us. Thanks always goes to the United Way and the Durham Community Foundation for their ongoing commitment to our mission. Of course, service clubs like the Rotary Clubs of Whitby and Whitby Sunrise are always there for us. The loveliest surprise of all was when the Oshawa Chamber of Commerce awarded us the distinction of Not for Profit of the Year! This was such a meaningful award after the many challenges we've faced and the hard work of staff throughout 2022.

It does not go unnoticed that many of you give year after year.

What a gift you are to us!

Thank you.



COMMUNITY ENRICHMENT

Thanks to a multi-year grant from the Ontario Trillium Foundation, we were able to plan for re-opening and launch of our Community Enrichment Centre after a three-year closure. This grant allows us to hire a Programming Assistant and Cleaner so that we can begin to re-market the centre as the community hub it is meant to be. We look forward to the day when the building is bustling with activity. Our Drawing Room and Oak Room remain closed until we can safely put shutdowns behind us, once and for all.

- › The **Drawing Room** and **Oak Room** embrace the original ambiance of Adelaide House built in 1929 and can accommodate up to 65 people. These rooms have hosted baby and bridal showers, birthday parties, tea parties, celebrations of life, art shows, and many other events. These are by far the most popular and gorgeous rooms available for rent.



- › Our **gymnasium** is the perfect play area for your next birthday party, large meeting or sports activity. This location accommodates up to 340 people. The gym was completely renovated in 2019/2020 thanks to a grant from the Maple Leaf Sports and Entertainment Foundation.



- › Our **Club Room** can host your next training or meeting with a maximum capacity of 30 people. This is a fun multi-purpose room perfect for kids' birthday parties.



- › Our **staircase** and **grounds** offer a picturesque backdrop for your next photo session.



JOB/LIFE SKILLS PROGRAM

Our Healthy Choices Program continued to provide one hour sessions that covered a wide range of topics such as self care, healthy eating, positive communication, safety planning, finance, healthy stress management strategies, sleep hygiene, and yoga. We continued a weekly yoga program for 2nd Stage Housing residents, holding two sessions weekly, exploring various yoga styles: Hatha, restorative, and most recently chair yoga for some of our residents living with mobility limitations. Sound meditation sessions using music to guide relaxation exercise were held weekly. Clients were treated to a number of art and craft activities, making use of online resources to hold virtual painting tutorial sessions as well as doing some sewing projects using recycled materials from our Adelaide's Attic thrift store. We also explored mixed media art activities using primarily recycled items from Adelaide's Attic: fabric, art canvases, boxes, paper, paint, jewelry, etc. Our Job/Life Skills Coordinator conducted a number of one on one goal setting sessions with residents in many of our programs, covering various areas such as budgeting, money management, stress management, volunteering, employment and training, and mental health resources.

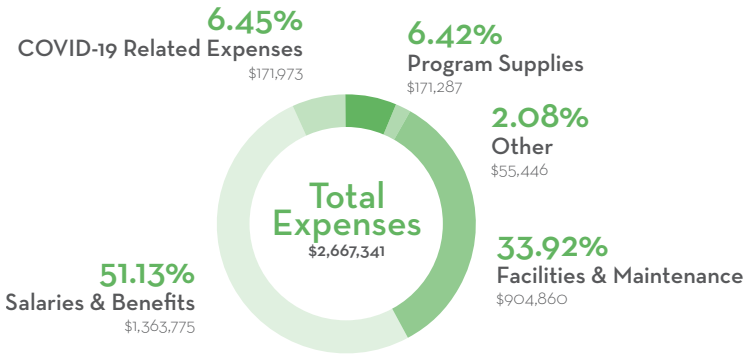
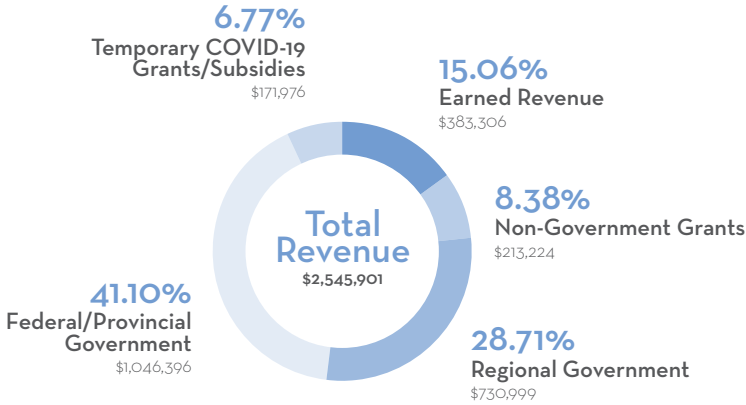
HEALTHY RELATIONSHIPS PROJECT

Thanks to the work of dedicated volunteer student, we were able to conduct a Healthy Relationships social media campaign, and to create a flyer to hand out at community events targeted to young women.



SUMMARIZED FINANCIAL RESULTS

YWCA Durham is committed to providing not only essential programs and services, but those that are of the highest quality. We fully understand that this can only be accomplished through efficient operations, conservative administration costs, transparency and accountability.



Audited Financial Statements available at www.ywcadurham.org

1. Non-Government Grants include contributions from United Way and private foundations.
2. Earned Income includes revenues generated from donations and fundraising, program fees, facility rentals, classes/clubs, memberships and investments.

DONORS

GOVERNMENT

Ministry of Children, Community, and Social Services

Regional Municipality of Durham Housing Services

Regional Municipality of Durham Social Services

PRIVATE DONORS (1,000 OR MORE)

CP24 CHUM Christmas Wish

Detective Constable Lisa Daugharty, DRPS

Durham Community Foundation

The Four Oaks Foundation

Hamm Foundation

Hann Family Foundation

Inner Circle Realty

Ironworkers Local 721 Toronto

La Fondation Emanuelle Gattuso

McCarthy Tetrault Foundation

Ontario Trillium Foundation

OPG

RBC Foundation

Royal LePage Shelter Foundation

Rural Reach

Rotary Club - Whitby

Rotary Club - Whitby Sunrise

UIWMC Local 721

United Way Durham

Women's Shelter Canada

Yvonne Pankrac, Royal LePage Frank Real Estate



HELP MAKE A DIFFERENCE

YWCA Durham depends on the generous support of donors,
sponsors and volunteers to fulfill its mission.

To find out more contact us today.



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